



RESOURCE OUTCOMES

SSVP SCOTLAND YOUTH

Activity: Frederic the Follower

CFE CAPACITIES

- Successful Learners
- ***Confident Individuals***
- Responsible Citizens
- Effective Contributors

Eng2-30a, Eng3-27a,
Eng4-27a

Key skills

Describe, discuss, express, engage, create,
think, write

TIOF

- Mystery of God
- In the image of God
- Revealed truth of God
- Son of God
- Signs of God
- Word of God
- ***Hours of God***
- Reign of God
- Other world religions

RERC 2-14a, RERC 2-19a

Key skills

Contemplation, reflection, growth, bearing
witness, understanding, comparison, prayer

LEARNING OBJECTIVES

- To be aware that Faith is sometimes difficult.
- To understand that we are not alone in these moments of doubt - even great Saints like (soon to be) Frederic Ozanam had them.
- To remember that if we speak to God quietly in our hearts during our day, we will feel closer to him.
- To spend time thinking about how we could word our prayer and be honest in it to ask God to help us stay strong and faithful when we're tired or can't be bothered. With this renewed strength we can have enough energy in our faith to reach out to help the poor.